



30 Ways to Conserve Water

There are many ways to save water, and they all start with you!

1. Install a low-flow showerhead. They're inexpensive, easy to install, and can save your family more than 1,900 liters a week!
2. Start your shower with a 10 second rinse. Turn off the water while you lather and finish with a final rinse.
3. Keep your shower under 5 minutes. You'll save up to 3,800 litres a month!
4. Turn off the water while you shave and shampoo. You can save more than 550 litres a week.
5. Turn off the water while you brush your teeth and save 15 litres a minute. That's 750 litres a week for a family of four.
6. When washing your hands, don't let the water run while you lather.
7. Consider washing your face or brushing your teeth in the shower to save water and time.
8. When washing dishes by hand, don't let the water run while rinsing. Fill one sink with wash water and the other with rinse water (or a large container). Soak pots and pans instead of letting the water run while you scrape them clean.
9. Run your washing machine and dishwasher only when full. You can save 3,800 litres a month.
10. Wash your fruits and vegetables in a pan of water instead of running water from the tap.
11. Collect water used for rinsing fruits and vegetables and reuse it to water houseplants.
12. Don't use running water to thaw food. Defrost food in the refrigerator for water efficiency and food safety.
13. Throw trimmings and peelings from fruits and vegetables into your yard compost instead of using the garbage disposal.
14. Adjust sprinklers so only your lawn is watered and not the house, sidewalk, or street.
15. Use sprinklers that deliver big drops of water close to the ground. Smaller water drops and mist often evaporate before they hit the ground.

16. Water your lawn and garden in the morning or evening when temperatures are cooler to minimize evaporation.
17. Wash your car on the lawn and you'll water your lawn at the same time.
18. Turn off the water while you wash your car and save more than 370 litres.
19. Wash your pet's outdoors in an area on your lawn that needs water.
20. When you give your pet fresh water, don't throw the old water down the drain. Use it to water your houseplants, trees or shrubs.
21. Spreading a layer of organic mulch around plants retains moisture and saves water, time and money.
22. Collect and use rain water for watering your garden. Direct downspouts or gutters toward shrubs or trees.
23. Use a broom instead of a hose to clean your driveway and sidewalk and save up to 300 litres of water!
24. Adjust your lawn mower to a higher setting. A taller lawn shades roots and holds soil moisture better than if it is closely clipped.
25. Mow your lawn as infrequently as possible. Mowing puts your lawn under additional stress, causing it to require more water.
26. When the kids want to cool off, use the sprinkler in an area where your lawn needs it the most.
27. Water only when necessary. More plants die from over-watering than from under-watering. Apply water only as fast as the soil can absorb it.
28. For hanging baskets, planters and pots, place ice cubes under the moss or dirt to give your plants a cool drink of water and help eliminate water overflow.
29. Avoid installing ornamental water features unless the water is being recycled.
30. Start a compost pile. Using compost adds water by holding organic matter to the soil.

Source: [Water Use It Wisely](#) Website



Get involved! You can make a difference too!

Share this list with friends, family, neighbours and employers!